



SIZE CHART

For technical footwear the correct fit is essential for comfort while running.

As a guide to finding the correct fit for you, stand upright on a ruler whilst wearing the socks you run in and measure from heel to toe.

Find the nearest figure in the first column and go to the relative figure in the column of your choice.

This is a guide only to choosing your initial shoe size and a 3mm footbed or volume adjuster may be inserted to fine tune the fit.

For more information go to the fit and function section of our web site at: www.inov-8.com

cm	eu	uk	usa m's	usa w's
31.5	50	14	15	16.5
31	49	13.5	14.5	16
30.5	48	13	14	15.5
30	47.5	12.5	13.5	15
29.5	47	12	13	14.5
29	46.5	11.5	12.5	14
28.75	45.5	11	12	13.5
28.5	45	10.5	11.5	13
28	44.5	10	11	12.5
27.5	44	9.5	10.5	12
27	43	9	10	11.5
26.5	42.5	8.5	9.5	11
26	42	8	9	10.5
25.75	41.5	7.5	8.5	10
25.5	40.5	7	8	9.5
25	40	6.5	7.5	9
24.5	39.5	6	7	8.5
24	38.5	5.5	6.5	8
23.5	38	5	6	7.5
23.25	37.5	4.5	5.5	7
23	37	4	5	6.5
22.5	36	3.5	4.5	6
22	35.5	3	4	
21.5	35	2.5	3.5	
21	34.5	2	3	
20.5	33.5	1.5	2.5	
20	33	1	2	
19.75	32.5	13.5		
19.5	32	13		
19	31	12.5		
18.5	30.5	12		
18.25	30	11.5		
18	29	11		
17.5	28.5	10.5		
17	28	10		
16.5	27.5	9.5		
16	26.6	9		
15.75	26	8.5		
15.5	25.5	8		
15	25	7.5		
14.5	24	7		
14.25	23.5	6.5		
14	23	6		
13.5	22	5.5		
13	21.5	5		
12.5	21	4.5		
12	20.5	4		
11.5	19.5	3.5		
11	19	3		